# Ski & Snowboard Ability Charts

Find the level that best matches your current skills.

## SKI ABILITY

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| **LEVEL 1** | This is your first time skiing or you want to start from the beginning again. |
| **LEVEL 2** | Tried before, back for more! You have been skiing before and you want to focus on stopping and turning in a wedge on learner terrain. |
| **LEVEL 3** | You are able to stop and turn in a wedge on learner terrain. You are wanting to focus on controlled wedge turns on learner and green terrain, moving towards finishing turns in a parallel stance. |
| **LEVEL 4** | You are finishing your turns in a parallel stance on green terrain, wanting to focus on maintaining a parallel stance throughout the turn and exploring blue terrain. |
| **LEVEL 5** | You are maintaining a parallel stance throughout the turn on blue terrain, wanting to focus on an introduction to more challenging terrain e.g. steeps, trees, park, moguls, black runs. |
| **HIGH PERFORMANCE** | You are wanting to focus on refining skills and technique for confidence and performance in steeps, trees, moguls and/or in the park. |

Note: We are currently not able to accommodate ski lessons in the terrain park.

## SNOWBOARD ABILITY

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| **LEVEL 1** | This is your first time snowboarding or you want to start from the beginning again. |
| **LEVEL 2** | Tried before, back for more! You have been snowboarding before and you want to focus on stopping, controlling speed and direction on your heelside and toeside with both feet strapped in. |
| **LEVEL 3** | You are able to stop, control your speed and direction on heelside and toeside with both feet strapped in. You are wanting to focus on linking controlled turns from your heelside to toeside on learner and green terrain. |
| **LEVEL 4** | You are linking controlled turns from your heelside to toeside on green terrain, wanting to explore blue terrain. |
| **LEVEL 5** | You are linking controlled turns from your heelside to toeside on blue terrain wanting to focus on an introduction to more challenging terrain e.g. steeps, trees, park, moguls, black runs. |
| **HIGH PERFORMANCE** | You are wanting to focus on refining skills and technique for confidence and performance in steeps, trees, moguls and/or in the park. |